

SLIDING SCALE DISCOUNT POLICY

FEES & DISCOUNTS

Sliding scale discounts are offered to individual clients seeking daytime appointments. Fees work as follows:

- Full session fee:
 - \$110.00 for 50 minutes
- Combined household income less than \$85k a year but more than \$60k a year:
 - \$25 discount on a 50 minute session = \$85 for 50 minutes
- Household income less than \$60k a year:
 - \$45 discount on a 50 minute session = \$65 for 50 minutes
- Full time student:
 - \$40 discount on a 50 minute session = \$65 for 50 minutes

Please note that sliding scale discounts may not, by law, be combined with insurance payments or applied to a co-pay, deductible or out-of-pocket calculation. To seek reimbursement through a health insurance policy, you must have made payment for the full \$110.00 session fee and be utilizing the necessary paperwork provided by Jane McCampbell.

Sliding scale discounts are not available for couples therapy or for appointments after 4pm.

NUMBER OF SESSIONS

Clients using the sliding scale discount are initially contracted for a maximum of 15 sessions.

Session 12 will be reserved as a review session, during which both client and therapist will jointly assess:

1. Progress made since the start of therapy
2. Effectiveness and collaboration in the therapeutic relationship
3. Fit between the client's preferences and the therapist's areas of specialty, treatment modality and preferred method of working
4. Fit between the client's treatment requirements and the therapist's level of resources

If client and therapist are **not** in agreement on items 1-4 above, therapy will be terminated at Session 15. Sessions 13, 14 and 15 will be used to manage the transition to referral sources or to build a discharge plan.

If client and therapist agree that the original goals of therapy have been met and there is also agreement on points 2-4, the client may contract for additional sessions to work on new goals or agree to terminate at Session 15.

If client and therapist agree that adequate progress has been made since the start of therapy but there is still work to be done AND if there is agreement on points 2-4, the client will be offered the opportunity to contract for an additional 15 sessions with review(s) planned for session(s) 26 and 42.

PAYMENT TERMS AND CONDITIONS

Sliding scale discounts are only possible because the majority of clients respectfully make payment on the same day of service. To become and remain eligible for the sliding scale discount policy, you are expected to agree and abide by the following terms and conditions:

- **Same day payment** is required. Please come prepared to pay by cash or check in session. Alternatively, you may pay online by credit card BEFORE the session.
- **Credit card payments** may be made online at www.janemccampbellcounseling.com. If you choose this option over cash or check, however, you will need to add \$2.50 to the cost of the session to cover PayPal's processing fees.
- **Forgotten checkbook?** You will need to make payment by credit card by **midnight on the same day** as your session. Don't forget to add the \$2.50 fee to cover the cost of processing.
- **Consecutive late payments:** If you fail to make same day payment for two consecutive sessions, you will no longer be eligible for the sliding scale discount.
- **Bounced checks** incur significant bank fees and are administratively inconvenient. You will be charged an additional \$50.00 for the first bounced check. If you bounce a check more than once, you will be required to pre-pay for all subsequent sessions by credit card, or to bring cash for the session to proceed.
- **No-shows or cancellations within less than 24 hours/one business day**:** For the first occurrence you will be billed the sliding scale fee. All subsequent occurrences will be billed at the full session fee of \$105.00.
- **Consecutive no-shows or late cancellations:** If you fail to show or cancel late on two consecutive occasions without significant cause*, you will no longer be eligible to receive the sliding scale discount. Full payment of \$110 per session will be expected for future sessions.
- **First session no-shows or late cancellations:** if you fail to show or cancel less than 24 hours/one business day before your first session without significant cause*, you will not be eligible for the sliding scale discount if you choose to return to therapy at a later time.

***Significant cause" includes major, unforeseen events occurring within 1 business day of the scheduled appointment, such as hospitalizations, house-fires, car crashes, deaths in the immediate family etc.*

*** 24 hours or one business day means that cancellations must be received at least 24 hours in advance for appointments scheduled Tuesday through Friday. Cancellations for Monday appointments MUST be received before 3pm on the preceding Friday.*

Version 2.0 created February 18, 2011